



"You're more than welcome"

The Hungry Monk is a more traditional outlet for Cawley Hotels and provides tasty food all day in a warm Scottish atmosphere.

We are open 7 days a week from 10.00am serving a delicious selection of freshly cut sandwiches, teas and freshly brewed coffee.

Our menu is designed to offer a wide choice to suit all tastes representing great value for money and is available from 12.00 noon. Last orders 10.00pm.

'Relax and enjoy'...

A Wee Nibble or Starter

- Garlic Bread - plain...£2.95
with cheese...£3.50 • cheese and tomato...£3.75
- Soup of the Day...£3.95
served with a crusty bread roll and butter
- Potato Skins with mayo or BBQ dip...£3.95
- Fantail of Melon...£4.95
with a fruit sorbet resting on a fruit coulis
- Deep Fried Mushrooms with mayo or BBQ dip...£4.95
- Tiger Prawn and Apple Salad with a cocktail sauce...£5.95
- Hungry Monk Paté - Chef's own special recipe...£5.95
- Haggis 'n' Neeps a true taste of Scottish tradition...£5.95
- BBQ Spare Ribs...£5.95
coated in our finger lickin' sticky BBQ sauce
- Deep Fried Camembert...£5.95
served with a crispy salad garnish and a redcurrant sauce
- Kromeski...£5.95
diced chicken, mushrooms and onions wrapped in bacon,
deep fried in a light crisp batter

- Nachos with Chilli...£5.95
topped with melted cheese, cool sour cream and jalapeno peppers
- Black Pudding Salad...£6.95
mixed leaves with a delicious dressing, warm pieces of black pudding,
crispy bacon bits, topped with a soft poached egg and grated parmesan
- Stuffed Baked Tatties...£6.95
choose from homemade coleslaw, prawn cocktail, chicken mayo,
haggis, cheese, cheese & onion or tuna marie rose
- The Hungry Monk Sandwich...£6.50
served with a wee bowl of chips and your choice of either
prawn cocktail, tuna marie rose, chicken mayo,
cheese & onion, york ham salad or chicken salad
- The Hungry Monk Soup and Sandwich...£7.95
your choice of sandwich filling from above served with a bowl of today's soup
- Tiger Prawns and King Scallops...£9.95
tiger prawns and king scallops with smokey bacon bits sautéed in
a light garlic butter served with crusty bread to dip
- Combo for two...£11.95
Chicken goujons, beer battered onion rings,
deep fried mushrooms, potato skins with mayo and BBQ dips

Main Courses

- Penne Pasta in a Spicy Arabiatta Sauce...£7.95
served with toasted garlic bread
- Vegetable Stroganoff with Rice Pilaff...£7.95
- Macaroni Cheese Au Gratin with Crispy Bacon...£8.95
served with toasted garlic bread
- Classic Pork Bangers and Mash...£8.95
in a rich onion gravy served with veg of the day
- Haggis, Neeps and Tatties...£8.95
- Chicken and Mushroom Crepe...£8.95
delicious crepe stuffed full of chicken and mushrooms in
a cream sauce, served with salad garnish and chips
- The Hungry Monk Cottage Pie...£8.95
prime steak mince in a rich gravy with a gratin topping
served with fresh market vegetables
- Chicken Enchiladas...£8.95
chicken strips, capsicum peppers and onions wrapped in flour tortillas,
sprinkled with cheese, grilled and served with a wee bowl of chips
- Breaded Chicken Goujons...£8.95
served with homemade coleslaw and chips
- The Hungry Monk Chicken Salad...£9.95
shredded chargrilled chicken, fresh fruit, crisp salad in a mildly
spiced dressing with either baked, boiled, mashed potatoes or chips
- Lasagne Al Forno with Toasted Garlic Bread...£9.95
- Nachos with Chilli Beef...£9.95
prime scotch mince beef topped with melted cheese,
cool sour cream and jalapeno peppers
- Chicken and Mushroom Pie...£9.95
in a delicious cream sauce, served with veg of the day,
boiled, mashed potatoes or chips
- Breaded Wholetail Scampi...£9.95
with a wee side salad, homemade coleslaw and chips
- Breaded Haddock...£9.95
served with a wee slice of bread and butter, mushy peas and chips
- Grilled Liver and Bacon...£9.95
served with fruit pudding, veg of the day and mashed potatoes
- Prime Roast Beef with Yorkshire Pudding...£9.95
served with veg of the day, mashed and roast potatoes
- Steak, Sausage and Mushroom Pie...£9.95
served with veg of the day, boiled, mashed potatoes or chips

Sizzling From the Grill

- Chargrilled Beef Burger with Cheese...£9.95
served in a toasted bun with chef's own coleslaw, salad garnish and chips
- Chargrilled Beef Burger with Cheese and Bacon...£10.95
served in a toasted bun with chef's own coleslaw, salad garnish and chips
- Chargrilled Beef Burger with Chilli Con Carne...£10.95
served in a toasted bun with chef's own coleslaw, salad garnish and chips
- The Hungry Monk Club Burger...£12.50
on crispy lettuce with tomato, bacon, gherkins and topped
with a fried egg served with chef's own coleslaw and chips
- Rib Eye Steak (8oz-226gsm) ...£18.95
served with tomatoes, mushrooms and onion rings
- Sirloin Steak (8oz-226gsm) ...£19.95
served with tomatoes, mushrooms and onion rings

Our steaks are served with either baked, boiled, mashed potatoes or chips

Chef's Homemade Sauces

to complement your steak choose one of chef's homemade sauces
diane, whisky cream or peppercorn...£1.95

- Chicken Stroganoff with Rice Pilaff...£9.95
- Smoked Haddock Au Gratin...£10.95
with bacon bits, veg of the day and mashed potatoes
- Beer Battered Cod...£10.95
served with a wee slice of bread and butter, mushy peas and chips
- Cajun Chicken...£10.95
a tender butterfly breast of chicken coated in cajun spices and served with
a sour cream dip accompanied by either baked, boiled, mashed potatoes
or chips, and a crisp salad garnish
- The Hungry Monk's Fajitas
Vegetable...£10.95 Chicken...£11.95
with guacamole, pico digalo, mixed cheese and sour cream
- Lemon Sole...£12.95
simply grilled or pan fried in browned butter accompanied by either
baked, boiled, mashed potatoes or chips and a crisp salad garnish
- Supreme of Chicken Darrach...£12.95
a succulent supreme of chicken filled with tasty haggis then poached in a
delicious sauce enhanced with double cream, leeks and shallots accompanied
by french fried onion rings, grilled tomato, a timbale of rice and either
baked, boiled, mashed potatoes or chips
- Supreme of Chicken Speedy Gonzales...£12.95
a succulent supreme of chicken mexican style in a spicy lightly
peppered sauce - a must for the slightly adventurous accompanied
by french fried onion rings, grilled tomato, a timbale of rice and either
baked, boiled, mashed potatoes or chips
- Sesame Crusted Grilled Salmon...£14.95
grilled fillet of salmon with a sesame crust served with a balsamic drizzle
accompanied by either baked, boiled, mashed potatoes or chips
and a crisp salad garnish
- Trio of Fresh Seafood...£14.95
selection of fresh seafood from today's market. Cooked to perfection
with parsley butter and market vegetables accompanied by either
baked, boiled, mashed potatoes or chips and a crisp salad garnish
- Tiger Prawns and King Scallops Spaghetti...£14.95
freshly cooked spaghetti pasta with tiger prawns and king scallops in a chilli
and baby tomato sauce served with toasted garlic bread

Side Orders

- Chips ...£1.95 • Baked, Boiled or Mashed Potatoes ...£1.95
Mushy Peas ...£1.95 • Veg of the Day ...£1.95
Beer Battered Onion Rings ...£2.95 • Garlic Bread ...£2.95
Tossed Mixed Salad with French Dressing ...£2.95

Puddings

- Assorted Dairy Ice Creams and Sorbets ...£3.95
- Very Sticky Toffee Pudding ...£5.50
served hot with creamy custard
- Fresh Fruit Salad ...£5.50
served with ice cream or fresh dairy cream
- Peggy Suter's Famous Caramel Apple Pie...£5.50
served hot or cold with ice cream, fresh dairy cream or creamy custard
- Somerset Pancake ...£5.50
apples laced with butterscotch sauce in a sugared pancake
served hot with a ball of ice cream
- Individual Eve's Pudding ...£5.50
homemade apple sponge served with a rich custard sauce
- CC's Alabama Fudge Cake ...£5.50
with lashings of whipped cream
- Blast from the Past Banana Manyana...£5.95
the Hungry Monk banana split
- Homemade Vanilla Cheesecake ...£5.95
served with whipped dairy cream and fruit coulis